Center for Health Equity
Works in Progress

Tuesday, June 23rd, 1:00pm – 2:00pm - lunch provided
717 Delaware, Room 105
RSVP: enzle009@umn.edu

“In their own words: dietary and physical activity behaviors and solutions to chronic disease among Somali, Latino, and Hmong families.”

Presented by: Chrisa Arcan, PhD, MHS, MBA, RD
Research Associate, Program in Health Disparities Research
Family Medicine and Community Health

Dr. Chrisa Arcan is a research associate and joined the Program in Health Disparities Research (PHDR) in February from the Division of Epidemiology and Community Health, School of Public Health. She received her Doctoral degree in Public Health Nutrition from University of Minnesota and her Master in Public Health, Nutrition from Johns Hopkins University Bloomberg School of Public Health. She is also a registered dietitian. Dr. Arcan’s research includes understanding the social, behavioral and environmental determinants of food choice and body weight, especially among low income, minority children and adolescents. She has conducted numerous nutrition interventions in various community settings, including schools and food stores. She is currently conducting research studies with local community organizations representing Somali, Latino, and Hmong populations to help maximize the health of children and families, especially around nutrition and physical activity.

Works in Progress is sponsored by the University of Minnesota Center for Health Equity (CHE). To present your research project or idea at a future seminar, please contact Andrew Enzler at 612-626-3378 or enzle009@umn.edu

This seminar is supported in part by a grant from the National Institute on Minority Health and Health Disparities (1P60MD003422) to the University of Minnesota Center for Health Equity